

# JUMP ROPE REGISTRATION

## Jumpin' J's



When: Tuesdays, 10/4 - 11/8

Cost: \$48

Jump rope: \$5.00 (if needed)

Time: 3:45 – 5:00 p.m.

Where: Brookside Elementary

17447 37<sup>th</sup> Ave. NE, Lake Forest Park

The Jumpin' J's, comprised of current and former members of the world-champion Hot Dog USA jump rope team, will be starting the first of four 6-week sessions of PTA-sponsored after school jump rope classes on Tuesday, October 4 in the Brookside gym. These classes are customized for children in grades K–6. Students are to report to the gym once school is dismissed. (NOTE: Students should bring a snack and water, and wear comfortable clothes and tennis shoes to jump in.)

During these fun-filled classes, students will be taught a variety of jump rope techniques customized to their skill level. Emphasis is placed on learning a variety of jump rope skills while making friends and having fun! Students will be taught single rope and partner jumping, double dutch and more!

Please fill out this form and return to the school office or mail to: Jumpin' J's at: PO Box 1543, Bothell, WA 98041 by Friday, Sept. 30th. **Checks are to be made payable to: Jumpin' J's** or you may pay online via PayPal: [www.JumpRopeChamps.com](http://www.JumpRopeChamps.com). Please add \$5.00 if you wish to purchase a jump rope for your child. (NOTE: If you pay online, you will need to scan/email or mail in this registration form with your child's information.) Have questions? Please contact Joyce Bica at: 425-424-8870 or [joyce@jumpropechamps.com](mailto:joyce@jumpropechamps.com). If you need to reach us during jump rope class, please call Joyce's cell phone: 425-415-8414.

For more information about other jump rope opportunities in the local area, please visit the Jumpin' J's website: [www.JumpRopeChamps.com](http://www.JumpRopeChamps.com)

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### Brookside Jump Rope Registration (10/4 – 11/8/11)

Student Name: \_\_\_\_\_ Teacher: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_

I can be a parent volunteer and help out at jump rope class!!  Yes  No

Classes \$48 - add \$5 per rope (\$4.52 + .48 WA sales tax)  Quantity \_\_\_\_ total paid online  or enclosed  \$\_\_\_\_\_

I, the undersigned, assume all risks and hazards incidental to participating in this jump rope program, and do hereby waive, release, absolve, indemnify and agree to hold harmless the Brookside PTA, the Shoreline School District, and the Jumpin' J's and their instructors for any claim arising out of any injury, damage or personal loss incurred to myself or my children in connection with these jump rope activities. I further agree that images of me and/or my child(ren) may be used by the Jumpin' J's in any and all advertising/marketing on the internet, in promotional materials, newspaper articles, and/or newsletters related to jump rope activities. I, hereby, waive any rights to compensation therefore or any right that he/she otherwise might have to limit or control such making or use.

X \_\_\_\_\_  
Signature (signed by):  parent or  guardian

\_\_\_\_\_  
Date